

SPEAKER BIOS

Regina Adams, MA Ed, was born and raised in Roswell, New Mexico. She attended the University of Missouri at Columbia and Kansas City where she graduated with a degree in elementary education. She continued graduate studies at CMSU, MU and UMKC and completed her MA in Education. She is also certified as a Librarian K-12 and as a Reading Specialist K-12. After 36 years, she retired from elementary education and shifted lanes to the meditation education arena. She was invited to participate in a meditation program offered at Avila University. The program, "Mindful Wellness" developed by Maria Hunt, PhD, teaches the art of Mindful Meditation as well as the scientific research supporting the wellness benefits of meditation. After two and a half years she became a certified Mindful Wellness Instructor.

Timothy Apodaca, PhD, is a psychologist at Children's Mercy Hospitals and Clinics, and is Associate Professor of Pediatrics at the University of Missouri-Kansas City School of Medicine. He earned his PhD at the University of New Mexico, and completed his internship and postdoctoral fellowship at Brown University in Providence, RI. His clinical interests involve working with adolescents with depression, anxiety, substance abuse, and adjustment to illness. He is principal investigator on a grant from the National Institutes of Health, which focuses on Motivational Interviewing, therapy process, and health behavior change.

Shellie Brandon, LMSW, is a social worker at Children's Mercy Hospitals and Clinics in the Rheumatology Clinic, Infectious Disease Clinic and Ophthalmology Clinics. She completed her BS degree at Ottawa University and her MSW degree at the University of Kansas. Shellie has a broad base of experience gleaned from working with youth in crisis and their families for fourteen years. Shellie previously directed a local food pantry for ten years was a hospice social worker for ten years and worked in the Children's Mercy emergency room as a social worker for ten years.

Jeffrey D. Colvin, MD, FAAP, is a faculty member in the Section of Pediatric Hospital Medicine at Children's Mercy Hospitals and Clinics. Dr. Colvin received his undergraduate degree at Johns Hopkins University. He then earned his law degree at Columbia University in New York and his medical degree at the Medical College of Georgia. He completed his pediatric residency at Boston Children's Hospital and Boston Medical Center. Since coming to CMH, he helped found the Legal Aid Referral Program (LARP), a collaboration between CMH and Legal Aid, to use legal methods to improve patient health.



Social Work & Community Services
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Introducing the
1st Annual
Regional Health Care Conference
A Psychosocial Perspective

TOOLS TO SUCCEED IN A SEA OF HEALTH CARE CHANGES

FRIDAY, MARCH 30, 2012

Hosted by
Children's Mercy Hospitals and Clinics
Social Work & Community Services Department

Westin Crown Center Hotel
Kansas City, MO



KEYNOTE SPEAKER



Susan Fletcher, PhD
author of *Working in the Smart Zone* (2008) and *Parenting in the Smart Zone* (2005)

Susan Fletcher, PhD, a practicing psychologist, is a recognized expert in the areas of productivity, performance and leadership development. After receiving her undergraduate degree from the University of Florida, Susan received her Masters and PhD from Texas Woman's University. After completing her PhD, Susan worked as a litigation specialist on high profile cases. Susan has been in clinical practice for almost 20 years. She is the author of two books, *Working in the Smart Zone* (2008) and *Parenting in the Smart Zone* (2005). She is married and has three children.

COURSE DESCRIPTION

We are amidst a vast sea of changes and a spirited debate is shaping health care in the USA. Health care of the future will be influenced by the blending of several different factors such as epidemiology, pharmacology, technology, demography, individual health behaviors, globalization, economics, and government regulations. The involvement of government at many levels is here to stay and there is no evidence here or around the world contrary to this. As health care providers, we have to be vigilant, and equipped to be successful and sustain our professions in this tumultuous environment.

This conference will explore various techniques, modalities, generate intellectual debate, and conceptualize new ideas for you to practice and develop further by addressing the medical, technical, economic, social, emotional, legal, and ethical concerns required to deliver safe and cost-effective quality health care.

A keynote speaker, nine breakout sessions, a guest speaker and a panel discussion are all designed to enlighten and inspire the participants of this conference to face the future.

OBJECTIVES

Upon completing this program the participants will be able to:

- Discuss opportunities and challenges that are emerging in the new landscape
- Identify processes that will supplement and complement any practice situation
- Describe the changing face of health care
- Identify necessary techniques and modalities in today's practice

Objectives of the Breakout sessions:

1. Explain the mind-body connection
2. Identify priorities in the care of children
3. Recognize current techniques and modalities used in health care practices
4. Comprehend challenges and opportunities in the emerging health care landscape

TARGET AUDIENCE

Social Workers, Allied Health Care Professionals, Nurses, Child Life Specialists, Pediatricians and Psychologists

PLANNING COMMITTEE

Anoma Mullegama, Ph.D. LSCSW, LCSW, Director,
Social Work & Community Services Department

Shellie Brandon, LMSW
Sandy Bradt, MT, Education Coordinator
Maria Coughlin, BSW, BSN
Mindy Higgins, BS, Education Specialist
Angie Knackstedt, RN-BC, BSN, Education Specialist
Sylvana Hammer, LSCSW, LCSW
Paula Lierman, AAS, Q.I. Data Analyst
Barbara Mulac, BSN, LCSW, LMSW
Mindy Schneider, LMSW
Carey Spain, LSCSW, LCSW, Clinical Supervisor
Mike Thorne, LSCSW, LCSW
Stuart Waldman, LSCSW, LCSW, Clinical Supervisor

PROGRAM SCHEDULE

Friday, March 30, 2012
Westin Crown Center Hotel

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| 8:30 – 8:50 a.m. | Registration & Continental Breakfast |
| 8:50 – 9:00 a.m. | Welcome & Opening Remarks |
| 9:00 – 10:30 a.m. | “Working in the Smart Zone & Managing Change” Susan Fletcher, PhD |
| 10:30 – 10:45 a.m. | Break |
| 10:45 a.m. – 12:15 p.m. | BREAKOUT SESSIONS: a) “What to Say When Words Matter the Most” Shellie Brandon, LMSW Children’s Mercy Hospitals and Clinics b) “Meditation & Mindfulness” Regina Adams, MA Certified Mindful Wellness Instructor c) “Healthy Relationships” Therese McKechnie, LCSW Counseling Connections d) “Motivational Interviewing” Timothy Apodaca, PhD Children’s Mercy Hospitals and Clinics |
| 12:15 – 1:15 p.m. | Lunch |
| 1:15 – 2:15 p.m. | “The Future of Genome Science in the Lives of Health Care Providers” Stephen Kingsmore, MB, ChB, BAO, DSc, FRCPath Children’s Mercy Hospitals and Clinics |
| 2:15 – 3:15 p.m. | Break |
| 2:30 – 3:30 p.m. | BREAKOUT SESSIONS: e) “Parent Child Interaction Therapy” Lisa Polka, LSCSW, LCSW Children’s Mercy Hospitals and Clinics f) “Internet Safety” Maggie McGuire Kansas City, MO Police Department g) “Sexual Assault and the SANE Program” Lisa Spector, MD Children’s Mercy Hospitals and Clinics h) “Social, Legal and Ethical Issues in Health Care” Jeffrey Colvin, MD, JD Children’s Mercy Hospitals and Clinics i) “Digital Natives and Digital Immigrants- How Internet Technology Affects Learning and Communication” Rev. Andrew Conard, Associate Pastor United Methodist Church of the Resurrection West |
| 3:30 – 4:30 p.m. | Panel Discussion - “The Future of Health Care Reform” Health care and Academic leaders from Kansas, Missouri, and Children’s Mercy Hospital |
| 4:30 p.m. | Evaluation & Wrap Up |

AMERICANS WITH DISABILITIES ACT

If you have special needs requirements or dietary needs, please contact 816-983-6496 as soon as possible and at least ten working days prior to the event.

HOTEL

Westin Crown Center Hotel
One East Pershing Road, Kansas City, MO 64108
To receive the reduced rate of \$130/night, please inform the hotel that you are attending the Conference.

<http://www.westincrowncenterkansascity.com/>

PARKING

Complimentary parking for conference attendees at Westin Crown Center Hotel

CEU INFORMATION

Social Workers will receive 6 CEUs.

The Social Work & Community Services Department of Children’s Mercy Hospitals & Clinics is an approved provider of continuing education by the State of Kansas-Behavioral Sciences Regulatory Board- APPROVAL NO: 10-004

This educational activity has been awarded _6_ nursing contact hours.

Children’s Mercy Hospitals and Clinics is an approved provider of continuing nursing education by the Missouri Nurses Association, an accredited approver by the American Nurses Credentialing Center’s Commission on Accreditation.

Other Health Care Professionals – A certificate of attendance will be provided to other Health Care Professionals for requesting credits in accordance with state nursing boards, specialty societies or other professional associations.

REGISTRATION INSTRUCTIONS

Register online at www.childrensmercy.org/professionaleducation

Deadline: March 22, 2012

Registration Fee: Includes continental breakfast and lunch

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| Regular Registration Fee | \$125 USD | \$ _____ |
| Early Bird Registration Fee (before March 1, 2012) | \$100 USD | \$ _____ |
| Student Registration Fee | \$60 USD | \$ _____ |
| CMH Employee Fee | \$35 USD | \$ _____ |

BREAKOUT SESSIONS

Enroll in breakout sessions using the on-line registration form. Select three choices in order of preference for a.m. and p.m. sessions.

FOR FURTHER INFORMATION

Contact: Paula Lierman, Social Work & Community Services Department
Email: plierman@cmh.edu
Phone: (816) 983-6496 or (816) 234-3670

FOR MORE INFORMATION ABOUT KANSAS CITY VISIT

<http://www.visitkc.com/index.aspx>

CANCELLATION POLICY

Cancellation Notice must be received by March 23, 2012 to receive a refund less \$15 processing fee.

SPEAKER BIOS

Rev. Andrew Conard, is Associate Pastor at The United Methodist Church of the Resurrection West in Johnson County, KS. He previously served as Pastor of Resurrection Online which created the opportunity to worship online with live audio and video. Rev. Conard graduated from Pittsburg State University in Pittsburg, KS with a Bachelor of Science in Biology in 2003 and from Wesley Theological Seminary in Washington, DC with a Masters of Divinity in 2006. He is passionate in helping people and organizations take the next step in their life together. Technology and digital media have been among Andrew’s key interests for years.

Stephen Kingsmore, MB, ChB, BAO, DSc, FRCPath,

is the Director of the Center for Pediatric Genomic Medicine at Children’s Mercy Hospitals & Clinics. Previously, he was President of the National Center for Genome Resources in Santa Fe, NM. Prior to this, he was Chief Operating Officer of Molecular Staging Inc., Vice President of Research of CuraGen Corp. and Assistant Professor at the University of Florida. Dr. Kingsmore received a BSc (med. microbiology), MB, ChB, BAO and DSc in molecular genetics from Queen’s University-Belfast, Northern Ireland.

Maggie McGuire is a detective with the Kansas City Missouri Police Department where she is assigned to the Crimes Against Children Squad. Detective McGuire is attached to the FBI Cyber Crimes Task Force where she investigates cyber crimes against children. Detective McGuire joined KCPD in 1999. Her past assignments include the Patrol Bureau, the Narcotics Division and the Vice Division.

Therese McKechnie, LCSW has a master’s and a bachelor’s degree in Social Work from The University of Kansas. She is a Licensed Specialist Clinical Social Worker. She has been practicing in the field since 1978 and provides counseling for individuals, couples and families. Therese has extensive training and experience in grief and loss, depression/anxiety, life cycle transitions, work stress and personal growth. She is a frequent presenter for both professional and general public audiences as well as an adjunct professor at the University of Kansas, School of Social Welfare.

Lisa Polka, LCSW, LCSW, is a Licensed Specialist Clinical Social Worker in the Department of Developmental and Behavioral Sciences at Children’s Mercy Hospital. Lisa specializes in providing Parent Child Interaction Therapy to children aged 2-12 years. She also provides Trauma Focused-Cognitive Behavior Therapy to children and adolescents and crisis stabilization for parents who have experienced a traumatic event. Lisa has worked at Children’s Mercy Hospital in various social work roles since 1999.

Lisa Santos Spector, MD, is an Assistant Professor in the Section of Child Abuse and Neglect at Children’s Mercy Hospitals and Clinics. Dr. Spector is also the Medical Director of the Sexual Assault Nurse Examiner (SANE) Program at Children’s Mercy. She completed her Fellowship in Child Abuse Pediatrics at the Children’s Hospital of Philadelphia and earned her medical degree from the University of Iowa College of Medicine, Iowa City. Dr. Spector completed her residency in pediatrics at Tulane Children’s Hospital in New Orleans, Louisiana. Dr. Spector’s research and program development focuses on improving the quality of medical and mental health care to all abused and neglected children. She has recently received a Health Care Foundation grant to teach pediatric residents effective parenting skills.